























info@irannaturetours.com  
www.irannaturetours.com

<b>Code</b>	<b>T- 301-7D</b>	<b>Duration</b>	<b>7 Days</b>
<b>Best season</b>	<b>20/Jun. – 20/Oct.</b>		
<b>Brief</b>	<b>Tehran – Shirpala shelter – Osoun – Damavand - Larijan - Tehran</b>		



<b>Day-1</b>	<b>TEHRAN- SHIRPALA shelter</b>	 	<b>TEHRAN 4* - SHIRPALA</b>	 
	After mid night arrival to Tehran meet and assist in the IKIA airport and then Transfer to hotel Morning after break fast visiting Sad-Abad palace Lunch local restaurant in Darband (mountain area) after lunch ascent to Shirpala shelter Alt. 2750m			
<b>Day-2</b>	<b>SHIRPALA - TOOCHAL - OSOUN</b>		<b>OSOUN Mountain hotel 2*</b>	
	Early morning after breakfast ascent to Toochal summit Alt. 3960m.and then descent to Osoun valley Alt.2400m.			
<b>Day-3</b>	<b>OSOUN – TEHRAN - DAMAVAND</b>	 	<b>BARGAH-E-SEWOM</b>	
	Early Morning after breakfast return to Darband Sq. and then trip by car to Gosfand-Sara Alt.3200m. in the south of Damavand Mt. mules there is for cartage to Southern shelter of Damavand (Bargah-e-Sewom) Alt.4150m.			
<b>Day-4</b>	<b>SHELTER – DAMAVAND - SHELTER</b>		<b>BARGAH-E-SEWOM</b>	
	Early morning ascent from shelter to Damavand peak Alt. 5671m. and then return to the shelter			
<b>Day-5</b>	<b>DAMAVAND – LARIJAN VILLAGE</b>	 	<b>LARIJAN VILLAGE HOUSE</b>	
	Morning after breakfast descend to Gosfand-Sara and then trip by car to Larijan village via Rineh and over night in a village house			
<b>Day-6</b>	<b>LARIJAN - TEHRAN</b>		<b>DAMGHAN TOURIST INN.</b>	
	Morning after break fast trip from the village to Tehran around the noon arrival Tehran and after hotel check in free time for sightseeing			
<b>Day-7</b>	<b>TEHRAN – Full day</b>		<b>TEHRAN 4*</b>	
	Morning after breakfast visiting (National museum, Glass and Ceramic museum, Royal jewels museum and Old Bazaar)			
<b>Day-8</b>	<b>DEPARTURE TEHRAN</b>		<b>TEHRAN 4*</b>	
	Four hours before departure flight Transfer from the hotel to IKIA airport			